



*Committed to building and supporting  
community assets that decrease  
alcohol and drug abuse  
among our youth and adults*

### **When Hosting a Teen Party**

- Agree on a guest list - don't admit party crashers
- Discuss ground rules before the party
- Serve plenty of snacks and non-alcohol drinks
- Be visible and available - don't join the party
- Brainstorm fun activities for the party
- If a guest brings alcohol into your home - ask them to leave
- Encourage your teen to plan the party with responsible and supportive friends

#### **Sources for brochure information**

1. *National Institute on Alcohol and Alcoholism*
2. [www.toosmarttostart.samhsa.gov/parents.html](http://www.toosmarttostart.samhsa.gov/parents.html)
3. *Keeping Kids Drug-Free: What Parents Can Do*  
[www.madisonk12wi.us/aod/Keepfree.html](http://www.madisonk12wi.us/aod/Keepfree.html)

Learn more about the Williams Alliance efforts in our community.

Join the Williams Alliance, family based, student based, or community based efforts.

For more information, please call ~  
(928) 635-9645.

### **Williams Alliance**

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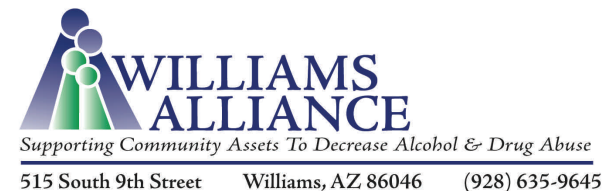
*Melissa Ellico, Parent Pledge/Resources*

*Angel Atencia, Multicultural Alliance*

*Kay Kennerty, Office Manager*

# **UNDERAGE DRINKING**

*WHAT  
PARENTS  
NEED TO  
KNOW!*



## PARENTS ARE THE SOLUTION TO UNDERAGE DRINKING



## TIPS!

### What's the Problem in Williams?

- Underage drinking and binge drinking, as reported by Williams' youth themselves, is extremely high compared to state averages.
- The Governor's Office has designated Williams a "hot spot" for underage binge drinking.
- Teens in Williams are drinking in the woods, in cars, and in homes.



### What's the Big Deal?

- Alcohol related car crashes are the #1 cause of teen deaths.
- New research shows the impact of drinking on the teen brain and body development.
- Teens who start drinking before 15 are 4 times as likely to become addicted.
- Alcohol is a gateway drug to other drugs.
- Teens judgment is impaired; date rape and teen pregnancies are results.
- School work and attitudes are affected.

### What's a Parent to Do?

- Parents have the most influence on teen's decision to use.

### Communicating With Your Teen

- Encourage conversation.
- Ask open-ended questions.
- Make every conversation a "win-win" experience.

### Help Youth to Say No

- When asked to a party, s/he can ask "Who will be there? Will there be drinking?"
- Teach youth to say "I'm seeing a movie that night!" or "I've got plans."
- Remind your teen to leave a situation if s/he is not comfortable.
- Teach your teen **NOT** to get in a car if the driver has been drinking.